
"Things which matter most should never be at the mercy of things which matter least."
- Goethe

Robert K. Cooper, Ph.D. presents
Priorities For Life™
Change

Uncommon reminders for bringing out the best in yourself and others.

Believe in yourself.
Believe in others.
Believe in life.

Face the world straight on.

Distinguish yourself through values.

Be a dreamer as well as a doer.

Make adversity your ally.

Complain less, breath more.

Criticize less, create more.

Worry less, laugh more.

Fear less, hope more.

Be kind to slow drivers and people who dial the wrong number.

Every piece of the puzzle that doesn't fit gets you closer to discovering the ones that do.

Remember that the greatest reward you get from your efforts is not what you get for them but what you become by them.

Don't always act your age.

Today:

When did people's eyes light up?

What went right?

What was the funniest thing that happened?

What surprised you?

What were your two top blessings?

The harder the wind blows the higher your kite will fly.

Spend at least a few minutes a day doing nothing, guilt-free.

Aim to die young as late as possible.

Have an irrational sense of hope.

Be accountable.

Promise what you will do.

Do it.

Take responsibility for your efforts.

If you can't find a way through the crowd, make your own path.

The most important lessons often come where the road turns sharply.

If your only going to take one step, make it a giant step.

On weekends, don't read e-mail from work.

Keep learning from whatever life brings.

Streamline your efforts...know that there are times when doing less is accomplishing more.

Every stumble and turn is a lesson learned.

Hold a child's hand when crossing the street or parking lot.
You'll both be more aware of how precious life it.

Get breathing space.
Slow way down.
Listen to your heart beating.

Never let the words you speak be at odds with what you feel in your heart.
Other people will know the truth anyway.

Never under estimate the power of a kind word, an unexpected act of generosity, a courageous deed.

Leave hand-written notes for others to find...
On the counter.
In the mailbox.
On their desk.

Never pass up a chance to dance.
Jump on a trampoline.
Laugh out load.
Sing.

On a clear night, look up at the stars.

When things get too serious, make funny faces or fly paper airplanes.

Laughter is the shortest distance between two people.

On the path of life few signs are big or clear.
Just don't get fooled by the ones that say, "you can't get there from here."

Remember that every you meet has
Setbacks.
A heart.
A voice.
A streak of genius somewhere inside.

Don't settle for being what you used to be or have been.

Keep reaching for what you can yet become.

It's your time.
It's your turn.

If not now, when?



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For more information, contact:
Suanne M. Sandage
Sandage@RobertKCooper.com

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(877) 709-9775 toll-free
(515) 278-1700 phone
(515) 278-6151 fax
www.RobertKCooper.com
